**PSA**

**Diabetes Health Fair Extravaganza**

30 second spot

Health Fair

Did you know that 1 in 11 American’s are diagnosed with diabetes each year and 1 in 4 of them is not aware they have diabetes? Learn more on how to reduce your risk for the disease, come out to the diabetes education and prevention fair, brought to you by Nacogdoches Memorial Health and sponsored by Brookshire Brothers and Lehmen Eye Center . It will take place Thursday, November 5, from 8 a.m. to 1 p.m. in the Brookshire Brother’s parking lot on South St, next door to Care First Clinic. We will be offering free health screenings including Hgb AC1, Body Mass Index, vision, cholesterol and Blood pressure. There will also be on site grocery shopping tours to show you healthier alternatives, for your favorite holiday meals. A $10 gift card will be offered to the first 50 participants of our tours. These tours will repeat November 12 and 19, from 9 a.m. to noon at Brookshire Brothers on South St. Learn how to be smart in your shopping cart and beat diabetes!